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| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  | Spring cleaning ideas in GREEN |  |  | 1 | 2 |
| May 2020 |  |  |  |  | [Wellness Activity](https://youtu.be/T_esjnILkEg)[Art and Craft](https://www.thecrafttrain.com/mini-lid-banjos/)Star Gaze | [Art and Craft](https://www.popsugar.com/family/Scented-Play-Dough-Recipe-24492319)Take a hike |
| 3 | 4Change bed sheets 50 Jumping Jacks (2X) | 5Clean Mirrors[Art and Craft](https://www.craftiments.com/2013/04/glow-in-dark-jellyfish-craft.html) | 6Sweep Floors[Art and Craft](https://www.craftiments.com/2013/04/glow-in-dark-jellyfish-craft.html) | 7Dust furniture[Art and Craft](https://afewshortcuts.com/how-to-make-moon-dough/) | 8Clean windows[Educational Lesson](https://musiclab.chromeexperiments.com/Experiments) | 9Clean out car[Art and Craft](https://www.goodhousekeeping.com/home/craft-ideas/g3754/how-to-fold-a-paper-airplane/) |
| [Wellness Activity](https://www.youtube.com/watch?v=4H05z7ePsjs&feature=youtu.be) | [Art and Craft](https://www.thekitchn.com/how-to-make-3-ingredient-slime-without-borax-245904)[Educational Lesson](https://www.funbrain.com/math-zone)[Wellness Activity](https://youtu.be/DDupYmKQAmc) | [Educational Lesson](https://okgosandbox.org/)[Wellness Activity](https://youtu.be/qzx-d1Z2bLY) | [Educational Lesson](https://www.funbrain.com/games/tinybop-schools-coral-reef)Play a game of tag | [Educational Lesson](https://kids.nationalgeographic.com/)[Family Activities](https://www.verywellfamily.com/absolutely-free-activities-for-kids-2997490) | [Art and Craft](https://babbledabbledo.com/art-for-kids-cosmic-suncatchers/)Dance Party with family | Find a shade tree/read[Wellness Activity](https://www.verywellfamily.com/outdoor-kids-fitness-activities-1257412) |
| 10[Family Mental Health](https://health.usnews.com/wellness/for-parents/articles/protect-your-familys-mental-health-during-the-covid-19-pandemic) | 11Declutter bedroom[Educational Lesson](https://pbskids.org/learn/) | 12Clean shower/tub[Educational Lesson](https://www.breakoutedu.com/funathome) | 13Clean out refrigerator [Educational Lesson](https://www.adventureacademy.com/) | 14Vacuum carpet [Educational Lesson](https://ohioimaginationlibrary.org/enroll) | 15Organize cabinets[Educational Lesson](https://www.arcademics.com/?fbclid=IwAR3vjvASTYeKnBx46LBIgGQCxuuAYcSdu3Dbkxvr2wGIW0X-EaBgl2jVx3k) | 16Clean Flower BedsGame of Charades |
| [Outdoor Games](https://www.coffeecupsandcrayons.com/outdoor-math-games-for-kids/) | Run Sprints (5X) | [Wellness Activity](https://www.youtube.com/watch?v=dhCM0C6GnrY) | [Wellness Activity](https://www.youtube.com/watch?v=WxSexSQJmKY) | [Wellness Activity](https://www.youtube.com/watch?v=WxSexSQJmKY) | 10 Burpees (3X) | [Art and Craft](https://picklebums.com/make-folded-paper-bracelets/) |
| 17 | 18Clean a closet | 19Clean all sinks | 20Clean counters | 21Catch up on laundry | 22Wash walls | 23Yard work |
| [Reading Lesson](https://www.youtube.com/watch?v=75NQK-Sm1YY)[Family Mental Health](https://www.brainpop.com/health/diseasesinjuriesandconditions/coronavirus/) | [Wellness Activity](https://www.youtube.com/watch?v=xlg052EKMtk)[Educational Lesson](https://www.kidsdiscover.com/?source=google&medium=paid%20search&campaign=general&adgroup=online&gclid=EAIaIQobChMIusPYk4Lo6AIVh8DACh04_wTtEAAYAiAAEgLBafD_BwE) | Jump Rope (15 min)[Art and Craft](https://www.goodhousekeeping.com/home/craft-ideas/a37873/family-tree-craft-for-kids/) | 75 Jumping Jacks (2X)[Family Mental Health](https://www.npr.org/sections/goatsandsoda/2020/02/28/809580453/just-for-kids-a-comic-exploring-the-new-coronavirus) | 25 Burpees (3X)[Art and Craft](https://buzzmills.typepad.com/blog/2013/09/fairy-bells.html) | [Art and Craft](https://www.goodhousekeeping.com/home/craft-ideas/how-to/g1402/owl-craft/)[Family Mental Health](https://health.usnews.com/conditions/articles/how-does-the-coronavirus-affect-children-and-infants) | Play cards with familyTake an evening walk |
| 24 | 25Clean ceiling fans[Wellness Activity](https://www.chicagoparent.com/learn/health-fitness/family-yoga-poses/)[Art and Craft](https://www.hellowonderful.co/post/MAKE-TEMPORARY-TATTOOS-OUT-OF-KIDS-----ART/)  | 26Restock toiletries[Wellness Activity](https://www.youtube.com/watch?v=BgjZhVDK8b0&feature=youtu.be) | 27Clean table and chairs [Wellness Activity](https://www.youtube.com/watch?v=26guG6wr5so)[Art and Craft](https://www.playdoughtoplato.com/kids-science-crystal-names/) | 28Rearrange living room50 Burpees (3X)[Family Mental Health](https://www.youtube.com/watch?v=QW1yodZJpG8) | 29Wash baseboards[Art and Craft](http://mollymoocrafts.com/art-project-for-kids-collage/)[Family Mental Health](https://pbskids.org/video/daniel-tigers-neighborhood/2365375359) | 30Straighten up garage or porch/deckHave a family picnic |
|  |  |  |  |  | Hula Hoop | Catch lightning bugs |
| 31 |  |  |  |  |  |  |
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|  the More you KNow  | COVID-19If you have any questions regarding Coronavirus/COVID-19 Please call 1-833-4-ASK-ODH (1-833-427-5634) or visit www.coronavirus.ohio.gov | Parent Resource We wanted to create a resource for you and your family that might help structure some of your family time during this challenging time. The links (yellow) in the calendar will take you to activities and resources. |

 