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| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  | Spring cleaning ideas in GREEN |  |  | 1 | 2 |
| May 2020 |  |  |  |  | [Wellness Activity](https://youtu.be/T_esjnILkEg)  [Art and Craft](https://www.thecrafttrain.com/mini-lid-banjos/)  Star Gaze | [Art and Craft](https://www.popsugar.com/family/Scented-Play-Dough-Recipe-24492319)  Take a hike |
| 3 | 4  Change bed sheets 50 Jumping Jacks (2X) | 5  Clean Mirrors  [Art and Craft](https://www.craftiments.com/2013/04/glow-in-dark-jellyfish-craft.html) | 6  Sweep Floors  [Art and Craft](https://www.craftiments.com/2013/04/glow-in-dark-jellyfish-craft.html) | 7  Dust furniture  [Art and Craft](https://afewshortcuts.com/how-to-make-moon-dough/) | 8  Clean windows  [Educational Lesson](https://musiclab.chromeexperiments.com/Experiments) | 9  Clean out car  [Art and Craft](https://www.goodhousekeeping.com/home/craft-ideas/g3754/how-to-fold-a-paper-airplane/) |
| [Wellness Activity](https://www.youtube.com/watch?v=4H05z7ePsjs&feature=youtu.be) | [Art and Craft](https://www.thekitchn.com/how-to-make-3-ingredient-slime-without-borax-245904)  [Educational Lesson](https://www.funbrain.com/math-zone)  [Wellness Activity](https://youtu.be/DDupYmKQAmc) | [Educational Lesson](https://okgosandbox.org/)  [Wellness Activity](https://youtu.be/qzx-d1Z2bLY) | [Educational Lesson](https://www.funbrain.com/games/tinybop-schools-coral-reef)  Play a game of tag | [Educational Lesson](https://kids.nationalgeographic.com/)  [Family Activities](https://www.verywellfamily.com/absolutely-free-activities-for-kids-2997490) | [Art and Craft](https://babbledabbledo.com/art-for-kids-cosmic-suncatchers/)  Dance Party with family | Find a shade tree/read  [Wellness Activity](https://www.verywellfamily.com/outdoor-kids-fitness-activities-1257412) |
| 10  [Family Mental Health](https://health.usnews.com/wellness/for-parents/articles/protect-your-familys-mental-health-during-the-covid-19-pandemic) | 11  Declutter bedroom  [Educational Lesson](https://pbskids.org/learn/) | 12  Clean shower/tub  [Educational Lesson](https://www.breakoutedu.com/funathome) | 13  Clean out refrigerator [Educational Lesson](https://www.adventureacademy.com/) | 14  Vacuum carpet [Educational Lesson](https://ohioimaginationlibrary.org/enroll) | 15  Organize cabinets  [Educational Lesson](https://www.arcademics.com/?fbclid=IwAR3vjvASTYeKnBx46LBIgGQCxuuAYcSdu3Dbkxvr2wGIW0X-EaBgl2jVx3k) | 16  Clean Flower Beds  Game of Charades |
| [Outdoor Games](https://www.coffeecupsandcrayons.com/outdoor-math-games-for-kids/) | Run Sprints (5X) | [Wellness Activity](https://www.youtube.com/watch?v=dhCM0C6GnrY) | [Wellness Activity](https://www.youtube.com/watch?v=WxSexSQJmKY) | [Wellness Activity](https://www.youtube.com/watch?v=WxSexSQJmKY) | 10 Burpees (3X) | [Art and Craft](https://picklebums.com/make-folded-paper-bracelets/) |
| 17 | 18  Clean a closet | 19  Clean all sinks | 20  Clean counters | 21  Catch up on laundry | 22  Wash walls | 23  Yard work |
| [Reading Lesson](https://www.youtube.com/watch?v=75NQK-Sm1YY)  [Family Mental Health](https://www.brainpop.com/health/diseasesinjuriesandconditions/coronavirus/) | [Wellness Activity](https://www.youtube.com/watch?v=xlg052EKMtk)  [Educational Lesson](https://www.kidsdiscover.com/?source=google&medium=paid%20search&campaign=general&adgroup=online&gclid=EAIaIQobChMIusPYk4Lo6AIVh8DACh04_wTtEAAYAiAAEgLBafD_BwE) | Jump Rope (15 min)  [Art and Craft](https://www.goodhousekeeping.com/home/craft-ideas/a37873/family-tree-craft-for-kids/) | 75 Jumping Jacks (2X)  [Family Mental Health](https://www.npr.org/sections/goatsandsoda/2020/02/28/809580453/just-for-kids-a-comic-exploring-the-new-coronavirus) | 25 Burpees (3X)  [Art and Craft](https://buzzmills.typepad.com/blog/2013/09/fairy-bells.html) | [Art and Craft](https://www.goodhousekeeping.com/home/craft-ideas/how-to/g1402/owl-craft/)  [Family Mental Health](https://health.usnews.com/conditions/articles/how-does-the-coronavirus-affect-children-and-infants) | Play cards with family  Take an evening walk |
| 24 | 25  Clean ceiling fans  [Wellness Activity](https://www.chicagoparent.com/learn/health-fitness/family-yoga-poses/)  [Art and Craft](https://www.hellowonderful.co/post/MAKE-TEMPORARY-TATTOOS-OUT-OF-KIDS-----ART/) | 26  Restock toiletries  [Wellness Activity](https://www.youtube.com/watch?v=BgjZhVDK8b0&feature=youtu.be) | 27  Clean table and chairs [Wellness Activity](https://www.youtube.com/watch?v=26guG6wr5so)  [Art and Craft](https://www.playdoughtoplato.com/kids-science-crystal-names/) | 28  Rearrange living room  50 Burpees (3X)  [Family Mental Health](https://www.youtube.com/watch?v=QW1yodZJpG8) | 29  Wash baseboards  [Art and Craft](http://mollymoocrafts.com/art-project-for-kids-collage/)  [Family Mental Health](https://pbskids.org/video/daniel-tigers-neighborhood/2365375359) | 30  Straighten up garage or porch/deck  Have a family picnic |
|  |  |  |  |  | Hula Hoop | Catch lightning bugs |
| 31 |  |  |  |  |  |  |
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| the More you KNow | COVID-19 If you have any questions regarding Coronavirus/COVID-19 Please call  1-833-4-ASK-ODH (1-833-427-5634) or visit www.coronavirus.ohio.gov | Parent Resource We wanted to create a resource for you and your family that might help structure some of your family time during this challenging time. The links (yellow) in the calendar will take you to activities and resources. |

